



Well of Mercy

April 8, 2020

INCLUDED

Easter Blessings
Setting an Intention

NEW:

Virtual Connections

Vespers on Facebook
Mercy YouTube
Instagram
Video Appointments
Spiritual Direction
Healing Touch

Setting an Intention

As we navigate our current pandemic landscape, many may find more time for reflection, a slower pace to assess and reevaluate and a time to listen to our spirits/souls and seek out the intention/s of our deepest longing. Intention is a word we hear frequently in today's climate. A purpose, goal, plan or direction of the mind would be an intention. It is important to have intentions in order to live with purpose and meaning.

This chapter in our lives can be an opportunity for change and growth within ourselves as we set new intentions. The chaotic busyness of life is suspended for the moment. What can we do to fill that void? Author and teacher Wayne Stiles stated, "Say no to what you can do, say YES to what you must do". Let that marinate within you for a moment.

Reflect on all the activities of life with which you engage. How many of those are truly life giving activities that feed your soul and fulfill a deep desire? Can this occasion offer you an opportunity to sit quietly and allow your mind to become uncluttered and reflect on the aspects of your life that are genuinely important? A time to listen to the direction your spirit is leading? What is God calling you to do with this time?

Over twenty-five years ago two very special ladies set their intention, felt Spirit moving and listened to the calling. Sister Donna and Sister Brigid devised the concept of Well of Mercy and made their intention a reality.

EASTER BLESSINGS

from Sister Brigid

Easter is a joy-filled time to release the insignificant in our lives and open our hearts to embrace God's Light and love more deeply.



"Therefore, if anyone is in Christ, the new creation has

Please enjoy the video "[Visit with Sister Donna](#)" which conveys the Sisters' intentions that birthed Well of Mercy.

Well Blessings,
Brenda Wallace

Staying Connected *with* Virtual Vespers

During the last few weeks, staff have been creating and sharing written reflections with each other. We've also been learning how to do video conference calls and a few other technology tricks, all with the intention of staying connected.

We've been so blessed by these uplifting vespers that we felt you might benefit as well by bringing these sacred thoughts to the entire Well Family. We are excited to share our Virtual Vespers every Wednesday afternoon on Facebook. Some of these will be Facebook Live videos and we hope you will join us to connect virtually until we once again see you in person.

We are branching out beyond Facebook and adding two more social media platforms to the Well of Mercy online family. You can find us on YouTube; with inspirational (and maybe a few comic relief) videos. There might even be a "Sister Sighting" tucked in among our messages. We also now have an Instagram account to broaden our reach, so check us out on all three platforms or enjoy the ones most comfortable to you. We would love for you to share these with anyone who needs a bit of hope in these challenging times.

Even though we can't currently serve the way we are accustomed, we are striving to find new ways to be light in the world.

We are preparing to offer video call appointments for Spiritual Direction and Healing Touch during this temporary closure. If you are interested in either of these offerings, please contact the providers.

Spiritual Direction, Jane Motsinger; Jane@wellofmercy.org
Healing Touch, Connie Hoffner; Connie@wellofmercy.org

We look forward to staying connected...virtually.

We deeply appreciate any and all support to the ministry, especially during this time of closure.

**Well Blessings,
Sandra O'Brien
Executive Director**

Well of Mercy

come: The old has gone, the new is here!"

2 Corinthians 5:17

Wednesday Afternoons
Virtual Vespers

Join us On
Facebook, YouTube &
Instagram
for
Hope & Encouragement

This Week
A Visit with
Sister Donna



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181 Mercy Lane
Hamptonville, NC 27020

Well of Mercy, a place of intention. *It is with intention we hold to our mission by providing quiet sanctuary for adults seeking right relationship with self, others, God and creation. It is with intention we hold this space for all guests, from various walks of life. Join us by setting an intention to pray for healing throughout our world and courage for those fighting the battle. --Amen*



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